Biological synchronization

Historical background; Kuramoto model; Integrate and fire models

First example of spontaneous synchronization

- Huygens, 1665
- Inventor of pendulum clocks
- Hang two clocks to the same wall
- In half an hour they always regained synchrony





OPEN Huygens synchronization of two clocks

Henrique M. Oliveira^{1,4} & Luis

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Not so obvious: https://www.youtube.com/watch?v=SGgbRkix_hY

Examples

- Fireflies

https://www.youtube.com/wat ch?v=ZGvtnE1Wy6U

- Neuron network
- Pacemaker cells in the heart
- Human physiology: walking, breathing
- Chirping of crickets
- the burst into spontaneous applause https://www.youtube.com/ watch?v=Au5tGPPcPus
- Etc.





Oscillating metronomes – a demonstration



https://www.youtube.com/watch?v=bl2aYFv_978

Synchronization – definition

- The spontaneous harmonization of units executing periodic behavior
- What is common: coupled oscillators with nonlinear interaction
- 2 types of signals:

(i) Delta-type "bursts" and (ii) Continuous signals





Kuramoto model

- The original formulation was motivated by the behavior of systems of chemical and biological oscillators
- A mathematical model used to describe the behavior of a large set of coupled oscillators (how and when they synchronize)
- Later it has found widespread applications in other fields too (neuroscience, physical systems, etc.)
- The model makes several assumptions:
 - the oscillators are identical or nearly identical
 - the interactions depend sinusoidally on the phase difference between each pair of objects.





Distinct synchronization patterns in a twodimensional array of Kuramoto-like oscillators with differing phase interaction functions and spatial coupling topologies. (A) Pinwheels. (B) Waves. (C) Chimeras. (D) Chimeras and waves combined. Color scale indicates oscillator phase.

The Kuramoto model (KM)

- Continuous time and phase
- Consists of a population of *N* coupled oscillators
- Each tries to run independently at its own frequency, while the coupling tends to synchronize it to all the others
 - ϕ_i : the phase of oscillator *i* (in the sense of mod 2π)
 - *t* : time
 - T_i : periodic time
 - $v_i = \frac{1}{T_i}$: frequency
 - $\omega_i = \frac{2\pi}{T_i}$: natural frequency
- One oscillator (an oscillator without interaction):

$$\frac{d\phi}{dt} = \omega$$

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The Kuramoto model in mean field approximation

• *N* coupled oscillators interacting with each others pairwise :

$$\frac{d\phi_i}{dt} = \omega_i + \sum_{j=0}^{N-1} \Gamma_{ij}(\phi_j - \phi_i), \qquad (i, j = 0, 1, \dots, N-1)$$

- $\Gamma_{ij}(\Delta \phi)$: interaction, a function with 2π periodicity
- In the most simple case, all the oscillators interact with each other the same way (this was the simplifying assumption of Kuramoto):

$$\Gamma_{ij}(\phi) = \frac{K}{N} \sin(\phi),$$
 (*i*, *j* = 0, 1, ..., *N* - 1)

- K : strength of the coupling
- If $K > 0 \rightarrow \Gamma$ minimizes the phase difference
- The spatial position of the oscillators is irrelevant \rightarrow mean field appr.

The Kuramoto model in mean field approximation

• The basic formula of the KM with MF approximation:

$$\frac{d\phi_i}{dt} = \omega_i + \frac{K}{N} \sum_{j=0}^{N-1} \sin(\phi_j - \phi_i),$$

$$(i, j = 0, 1, ..., N - 1)$$

- How do such oscillators synchronize?
- How can we measure the level of synchronization?
 - Order parameter: An order parameter is a measure of the degree of order across the boundaries in a phase transition system; it normally ranges between zero in one phase and nonzero in the other.
- A trivial order parameter can be: $R = \frac{N_S}{N}$, where N_S is the number of synchronized units
- We will introduce an other one (the so called Kuramoto order parameter, which is appropriate to monitor the transition towards synchronization)

Order parameter for the Kuramoto model

- Let us assume that
 - the ω_i natural frequencies are taken from a Gaussian distribution $g(\omega)$
 - The expected value of the $g(\omega)$ density function is ω_0 , with σ standard deviation

$$g(\omega) = \frac{1}{N} \sum_{i=0}^{N-1} \delta(\omega_i - \omega) = \frac{1}{\sigma \sqrt{2\pi}} e^{-\frac{(\omega - \omega_0)^2}{2\sigma^2}}$$

Wo

Remark

• If

- the $g(\omega)$ distribution is infinitesimally narrow ($\sigma = 0 \rightarrow g(\omega) = \delta(\omega - \omega_0)$)

- And the oscillators are located on a 2D lattice

• Then

– we get a 2D ferromagnetic XY model:

Defining the order parameter

• Parameter transformation:

$$\Psi_i \coloneqq \phi_i - \omega_0 t$$
$$\omega_i \leftarrow \omega_i - \omega_0$$

(ω_0 : average natural frequency)

• The Kuramoto formula is invariant to the above transformation:

$$\frac{d\psi_i}{dt} = \omega_i + \frac{K}{N} \sum_{j=0}^{N-1} \sin(\psi_j - \psi_i) , (i, j = 0, 1, \dots, N-1)$$

- $\theta(t)$: the vectorial average of the (transformed) ψ_i unit vectors
- Now we can define the order parameter as next:

$$z(t) \coloneqq Z(t)e^{i\theta(t)} = \frac{1}{N} \sum_{j=0}^{N-1} e^{i\psi_j(t)}$$

(here *i* is not the index of an oscillator, but $\sqrt{-1}$)

Defining the order parameter – cont.



- Z(t) is the real part of z(t), $\rightarrow Z = |z|$
- Z(t) is the *order parameter* with the following properties:
 - Expresses the "closeness" of the ψ_i unitvectors
 - If $Z \approx 1 \rightarrow$ the ψ_i phases are close to each other
 - − If $Z \approx 0$ → the ψ_i phases point in random direction

Bifurcation

- In the uncoupled limit (K=0) each element i describes limit-cycle oscillations with characteristic frequency ω_i .
- Kuramoto showed that, by increasing the coupling K the system experiences a transition towards complete synchronization, i.e., a dynamical state in which $\psi_i(t) = \psi_j(t)$ for $\forall i, j$ and $\forall t$.
- This transition shows up when the coupling strength exceeds a critical value whose exact value is

$$K_C = \frac{2}{\pi \cdot g(\omega_0)}$$

 $(\omega_0 \text{ is the mean})$ frequency of the $g(\omega)$ frequency distribution)

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Synchronization in the classical Kuramoto model. Each panel on the top shows the collection of oscillators situated in the unit circle (when each oscillator *j* is represented as $e^{i\psi_j(t)}$).

The color of each oscillator represents its natural frequency. From left to right we observe how oscillators start to concentrate as the coupling *K* increases. In the panels below we show the synchronization diagram, i.e., the Kuramoto order parameter *Z* as a function of *K*. It is clear that $K_c = 1$.

From: Mendoza et al., 2014, Synchronization in a semiclassical Kuramoto model.

Simulation results



Z : order parameter

t:time

N = 200 coupled oscillators

 σ = 1

- *K* = 2.5 (top curve),
 - 0.5 (middle curve)

0 (bottom curve)

 \rightarrow K=0 and K=0.5 (weak coupling) results in similar order parameter

For the region where Z is constant

• According to Kuramoto's analysis, based on the definition of the order parameter and on the time evolution of the phases, we get:

$$\frac{d\psi_i}{dt} = \omega_i + KZ\sin(\theta - \psi_i)$$

- A set of one-dimensional uncoupled system!
- In other words: the particle is just interacting with the mean-field (produced by the average)
- But for this you need *Z* to be independent of *t*
 - Q: How can it be, given that there are drifting oscillators?
 (Z<1 → the synchronization is not perfect → there are "drifting" oscillators)
 - A: The oscillators form a stationary distribution on the circle

(Original form was:
$$\frac{d\psi_i}{dt} = \omega_i + \frac{K}{N} \sum_{j=0}^{N-1} \sin(\psi_j - \psi_i)$$
)

Phase-Coupled Oscillators



Nil, partial and full phase-locking behavior in a network of phase-coupled oscillators with all-to-all connectivity. The natural frequencies of the oscillators are normally distributed SD= \pm 0.5Hz. The phase-locking behaviour is dictated by the strength of the global coupling constant K.

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https://www.youtube.com/watch?v=9zrOoVIN8tg

Outlook: Kuramoto model on networks.



The all-to-all coupling considered originally by Kuramoto can be trivially generalized to any connectivity structures by introducing other coupling forms (via (weighted) adjacency matrices, graphs, etc.)

This allows for the study of the synchronization properties of a variety of real-world systems for which interactions between constituents are better described as a complex networks.

https://www.youtube.com/watch? v=hzRhdUkZc-s

Distance dependency

- In some cases dependency on the distance is more realistic than MF
- Assumptions:
 - Oscillators sit on a grid
 - $r_{i,j}$ is the distance between oscillators *i* and *j*
 - α is an exponent determining the strength of the distance dependency
 - η is a renormalizing factor
- The time evolution of the oscillator phases:

$$\frac{d\phi_i}{dt} = \omega_i + \frac{K}{\eta} \sum_{i \neq j} \frac{\sin(\phi_j - \phi_i)}{r_{i,j}^{\alpha}}$$

- Can not be handled analiticly
- Dependency on α :
 - $\alpha = 0$: no dependency, gives back the mean field approach
 - $\alpha \rightarrow \infty$: the interaction decays fast, interaction only with the first neighbor

Distance dependency

$$\frac{d\phi_i}{dt} = \omega_i + \frac{K}{\eta} \sum_{i \neq j} \frac{\sin(\phi_j - \phi_i)}{r_{i,j}^{\alpha}}$$

- In most physically realistic case $\alpha = d 1$
- If $\alpha > d$, then the connection term is finite for $\forall N$:

$$\left|\sum_{i\neq j}\frac{1}{r_{i,j}^{\alpha}}\sin(\phi_j-\phi_i)\right| \leq \sum_{i\neq j}^{N}\frac{1}{r_{i,j}^{\alpha}} < \infty$$

- If $\alpha \leq d$, then - If $N \rightarrow \infty$ then for $\forall K > 0$: synchronization
- The tendency for synchronization can be stronger than in the MF case

Noisy oscillators in the KM

- Noise is usually present in real-life systems
 - From internal sources (evaluation of influences, differences in states, etc.)
 - From external sources (perturbations of the environment, effects of other oscillators, etc.)
 - We unite these effects in one parameter ξ .
- Q: how random noise changes the synchronization behavior of the Kuramoto model?
 - Strong coupling: the system synchronizes
 - Big noise: desynchronizes the system
- Noise term ξ_i is defined as

(white noise)

 $\langle \xi_i(t) \rangle = 0$

$$\langle \xi_i(s)\xi_j(t) \rangle = 2D\delta_{ij}\delta(s-t)$$

- First condition: the time average of the noise acting on oscillator *i* is zero
- Second condition: the noise terms for different oscillators or different times are non-correlated
- The strength of the noise is set by the parameter *D*.

Noise in the discrete Kuramoto model

• The KM with the above defined noise:

$$\frac{d\phi_i}{dt} = \omega_i + \frac{K}{N} \sum_{j=0}^{N-1} \sin(\phi_j - \phi_i) + \xi_i$$

• Or in other form:

$$\frac{d\psi_i}{dt} = \omega_i + KZ\sin(\theta - \psi_i) + \xi_i$$

- For running simulations of the Kuramoto model with noise, these equations are enough, since the noise term ξ can be simulated with a random number generator
- The correct form of ξ to use for each time-step is a random value chosen from a normal (Gaussian) distribution of mean zero and width $\beta^2/\Delta t$, where
- β^2 defines the strength of the noise, and
- Δt is the time of the time-steps used in the simulations

Simulation results with white noise introduced to the discrete KM



The dependency of the magnitude of the order parameter Z on the coupling K in presence of noise. β^2 sets the strength of the noise. From theoretical results K_c is predicted to occur at $\beta^2 + 1$, shown as three vertical lines at 1.5, 2.0, and 2.5.

From: Bryan C. Daniels: Synchronization of Globally Coupled Nonlinear Oscillators: the Rich Behavior of the Kuramoto Model, Fig 4.2.

Synchronization of integrate and fire (IF) oscillators with global coupling

- In biology, episodic, pulse-like interactions are common.
 - Crickets exchanging chirps
 - Voltage pulses for cardiac cells
 - Synaptic pulses for neurons
 - Light flash (fireflies)
 - IF models have been developed to describe these cases
 - Has physical applications too (earthquake)
- IF models:
 - An IF oscillator is described by
 - some real-valued state variable (e.g., membrane potential)
 - Monotonic increase up to a threshold value
 - When the threshold is reached, the oscillator relaxes to a basal level by firing a pulse to the other oscillators
 - A new period



https://www.youtube.com/watch?v=JzJmLf5cB7s

An example: a certain neuron in the visual pathway



https://www.youtube.com/watch?v=dsCltnAlh5k

Model variations

- Models:
 - The nature of coupling (grid, global coupling, network, etc.)
 - Identical or non-identical oscillators
 - Firing amplitude, frequency
 - The nature of the state function (evolution function)
 - Convex / concave / linear
 - Nature of noise
 - Excitatory / inhibitory pulses
 - With or without transmission delay / fall time
- Q: What are the conditions for synchronization?
- What we will consider now:
 - Global all-to-all coupling
 - Identical oscillators
 - Convex, concave and linear
 - Without noise
 - Excitatory pulses
 - Without transmission delay and fall time

Describing one IF oscillator

- N IF oscillators, O_i (i = 1, ..., N)
- Each represented by a (real) state variable $E_i \in [0, E_i^C]$
- E_i^{C} : threshold of the oscillators (identical); $E_i^{C} = 1$ (we choose the unit like this)
- ϕ_i : the phase of oscillator $i, \phi_i \in [0,1]$

The free evolution of O_i is made up of two parts:

- 1. A charging/growth period during which E_i increases monotonically in time as long as it is below the threshold $E_i^{\ C}$ according to a given free evolution function $E_i = f(\phi(t))$. ("integrate")
- 2. A relaxation when the threshold is reached whereby E_i is reset to zero and a new growth period starts again. ("fire")

$$E_i = 0 \iff \phi_i = 0$$

$$E_i = 1 \iff \phi_i = 1$$

that is

$$f(0) = 0 \text{ and } f(1) = 1$$





Interaction

- If the state (energy level) of an oscillator O_i reaches its threshold ($E_i^{\ C} = 1$), then it fires
- This firing increases the state (energy level) of its neighbors with ε
 - $E_j \rightarrow E_j + \varepsilon$, or, if
 - $E_j + \varepsilon > 1$, then $E_j = 1$
 - "phase advance model"
- The pulse strength depends on the number of oscillators that fire together and obey an additivity principle
- We assume direct additivity $(n \cdot \varepsilon, where \varepsilon)$ is the pulse strength of the firing oscillator)



Excitatory \rightarrow Increases E_j , and thus anticipating the firing. (this is the type we consider) Inhibitory \rightarrow Decreases E_j , and thus delaying the firing.

How can they synchronize? – the problem



The oscillator (1) is at the threshold; the oscillator (2) is below the threshold at a distance smaller than ε , which is the pulse strength of a single firing. The oscillator (1) has relaxed and the emitted pulse has pushed the oscillator (2) above the threshold and thus makes it fire. Without absorption the firing of oscillator (2) has pushed (1) away from the origin: the oscillators remain de-phased.

From: Samuele Bottani, Synchronization of integrate and fire oscillators with global coupling, Physical Review E, Vol. 54, 1996, Fig 1

Avalanches and the absorption rule

- **Avalanche**: a cascade of firings until no pulse is sufficient enough to bring another oscillator above threshold.
 - It may occur when an oscillator reaches the threshold: depending on the other oscillator states the transmitted pulse may cause some other oscillators to exceed the threshold and fire. Possibly the new pulses may themselves cause further relaxations and such a cascade of firings.
 - In our model the firing is very fast compared to the integration period, so during an avalanche the continuous drive of the oscillators is not acting.
 - Connection to SOC
- **Absorption rule:** is the assumption that the oscillators that relax during the same avalanche are insensitive to the further pulses in the avalanche.
 - This rule corresponds the *refractory time* of the oscillators immediately after their relaxation.
- Synchronization (definition): oscillators get in phase (get synchronized) when they fire in a same avalanche. ("they are absorbed in a synchronized group of oscillators with identical phase")

Synchronization with various $f(\phi)$ -s



(Left:) Synchronization without absorption for identical *convex* oscillators. Oscillator (1): Immediately after their avalanche two oscillators O_i and O_{i-1} have a gap between their states E of value ε . τ is the gap between the phases of O_i and O_{i-1} , which does not change during the free evolution between firings. Oscillator (2): When the most advanced oscillator is at the threshold the gap between their phases has not changed but the gap between their state variables has decreased due to the convexity. The second oscillator is at a distance of the threshold smaller than d: the oscillators avalanche again together.

(Middle:) Synchronization without absorption for identical *linear* oscillators. Same as for the convex case, but due to the linearity the gap between the state values does not change and is exactly equal to ε : the oscillators still avalanche together.

(Right:) Effect of *concavity*. The gap between the oscillator states increases as the pair approaches the threshold.

Statements

(1) It has been shown that a population of

- Identical
- integrate and fire oscillators
- with convex evolution function
- globally coupled by
- exciting pulses
- added to the state variables
- Synchronize completely¹

(2) In the presence of absorption, all the three types of evolution functions

- Convex
- Concave
- Linear
- Synchronize, if N is big.²

¹Mirollo and Strogatz, 1990 ²Bottani, 1996

